

## PARENT PROBLEM CHECKLIST

Do you co-parent with another adult?  Yes  Somewhat  No *(do not fill out this checklist)*

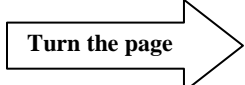
If **Yes** or **Somewhat**, is that adult your:  Spouse/Partner  Boyfriend/Girlfriend  
 Relative (your parent, sibling, etc)  Former Spouse/Partner  
 Other *(please describe)* \_\_\_\_\_

In this questionnaire, the term “partner” refers to the person you co-parent with.

Below is a list of issues over child-rearing which parents often discuss. Please:

1. Circle either “Yes” or “No” to indicate whether or not each issue has been a problem for you and your partner over the last 4 weeks, and
2. Circle the number describing the extent to which each issue has been a problem for you and your partner in the last 4 weeks.

	Has this issue been a problem for you and your partner?		To what extent has this issue been a problem for you and your partner?						
	Yes	No	Not at all	A little	Somewhat	Much	Very Much		
1. Disagreement over household rules (e.g. bedtime, play areas)	Yes	No	1	2	3	4	5	6	7
2. Disagreement over type of discipline (e.g. smacking children)	Yes	No	1	2	3	4	5	6	7
3. Disagreement over who should discipline the children	Yes	No	1	2	3	4	5	6	7
4. Fighting in front of the children	Yes	No	1	2	3	4	5	6	7
5. Inconsistency between parents	Yes	No	1	2	3	4	5	6	7
6. Children preventing parents from being alone	Yes	No	1	2	3	4	5	6	7
7. Disagreement about sharing childcare workloads	Yes	No	1	2	3	4	5	6	7
8. Inability to resolve disagreements about childcare	Yes	No	1	2	3	4	5	6	7
9. Discussions about childcare turning into arguments	Yes	No	1	2	3	4	5	6	7
10. Parents undermining each other, (i.e. not backing each other up)	Yes	No	1	2	3	4	5	6	7
11. Parents favoring one child over another	Yes	No	1	2	3	4	5	6	7
12. Lack of discussion between parents about childcare	Yes	No	1	2	3	4	5	6	7
13. Lack of discussion about anything	Yes	No	1	2	3	4	5	6	7
14. One parent ‘soft’, one parent ‘tough’ with children	Yes	No	1	2	3	4	5	6	7
15. Children behave worse with one parent than the other	Yes	No	1	2	3	4	5	6	7
16. Disagreement over what is naughty behavior	Yes	No	1	2	3	4	5	6	7

**Turn the page** 

For the next two questions, please circle the number describing the response which best describes how you honestly feel.

17. How supportive has your partner been towards you in your role as a parent over the last 6 weeks?

<i>Not at all</i>	<i>Slightly</i>	<i>Moderately</i>	<i>Very</i>	<i>Extremely</i>
1	2	3	4	5

18. In an overall sense, how happy do you consider your relationship with your partner to be?

*(Note: the middle point, "Happy," represents the degree of happiness of most relationships. Please indicate the point that best describes the degree of happiness, all things considered, of your relationship)*

<i>Extremely unhappy</i>	<i>Fairly unhappy</i>	<i>A little unhappy</i>	<i>Happy</i>	<i>Very happy</i>	<i>Extremely happy</i>	<i>Perfect</i>
0	1	2	3	4	5	6