

PARENT PROBLEM CHECKLIST

Do you co-parent with another adult? Yes Somewhat No (*do not fill out this checklist*)

If **Yes** or **Somewhat**, is that adult your: Spouse/Partner Boyfriend/Girlfriend

 Relative (your parent, sibling, etc) Former Spouse/Partner

 Other (*please describe*) _____

In this questionnaire, the term “partner” refers to the person you co-parent with. Below is a list of issues over child-rearing which parents often discuss. Please:

1. Select either “Yes” or “No” in the issue boxes below to indicate whether each issue has been a problem for you and your partner over the last 4 weeks, and
2. Select a number in the extent box describing the extent to which each issue has been a problem for you and your partner in the last 4 weeks using the following scale guide

	Has this been a problem for you and your partner?	To what extent has this issue been a problem for you and your partner?
1. Disagreement over household rules (e.g bedtime, play areas)		
2. Disagreement over type of discipline		
3. Disagreement over who should discipline the children		
4. Fighting in front of the children		
5. Inconsistency between parents		
6. Children preventing parents from being alone		
7. Disagreement about sharing childcare workloads		
8. Inability to resolve disagreements about childcare		
9. Discussions about childcare turning into arguments		
10. Parents undermining each other, (i.e. not backing each other up)		
11. Parents favouring one child over another		
12. Lack of discussion between parents about childcare		
13. Lack of discussion about anything		

Problem Score	
Extent Score	

Date