

Early Help Assessment

This assessment of the needs and worries of families should be in line with advice and guidance from the Birmingham Safeguarding Children's Partnership, [Right Help, Right Time Framework](#). The aim of this assessment is to work consensually with the family to share strengths and difficulties. Wherever possible, the needs of children and families will be met by universal services.

You can contact the **Early Help Support Team** on **0121 303 8117** to find out if an Early Help Assessment is available and any current Lead Professional details. Click [here for resources and guidance](#) from the **Early Help Support Team**

The [Waiting Room](#) resource can be used to help identify partners and services in your area that can meet the specific needs of the family and may be available to support them.

“As soon as a professional is aware that a child has any additional needs which may require the involvement of more than one professional, they should talk to that child and their family and offer advice and support.”

Right Help, Right Time, 2018

How to submit this form: Please complete all sections and return this form to EHST@birminghamchildrenstrust.co.uk

Birmingham Children's Trust is accredited to send and receive sensitive and confidential information from other secure organisations, without the need for using GCSX email addresses. This change is described further [here](#)

Section 1. About this assessment

Date of Assessment	Wednesday, 17 June 2020	Are you current providing support to the family	YES
Briefly summarise what has led to this assessment for the child and family			
<p>Mom Hazel has previously had a child removed due to alcohol misuse and depression. She was also a victim of Domestic Abuse with a previous partner. Her two current children who she has with current on and off partner Saif, were subject to a CP and CIN plan, which was closed in March 2020. Hazel has worked well with professionals, remaining open honest and engaged, however Hazel recently asked Saif to leave the property, as she wasn't happy with lack of support and his behaviour at times both with herself and the children. This was seen as a risk to Hazel's own health and well being, given her past experiences and Saif's history.</p> <p>Saif is now staying back at the property, however their relationship status is unknown. Hazel is now taking anti-depressants for her own mental health. Hazel continues to engage well with all professionals including myself Theresa-Health Visitor, Anna-FSW and Emma Womens Aid Support Worker.</p> <p>Dad Saif has a Probation and police offender manager.</p>			
Section 2. Have you gained consent from the family to share information and/or request this support			YES
If you have, please describe who has consented and if you have not been able to gain consent, please tell us why			

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Hazel Nutt-Mom has verbally consented. Hazel also expresses she has gained consent from Saif-Father as she would like him involved in the Early Help Plan.

Section 3. Child(ren) or Young Person you are concerned about									
Full Name	Gender	DOB / Age / Due Date	Address & Telephone	Ethnicity	Disability / Diagnosis	Education Setting	Interpreter / Signing	Nationality	Nat Ins NHS no.
Asma Butt	Female	05/01/2019	7 Rainbow Hill Birmingham B8 9OP	Mixed Asian	None known	N/A	N/A	British	3987645321
Seema Butt	Female	18/04/2020	7 Rainbow Hill Birmingham B8 9OP	Mixed Asian	Non Known	N/A	N/A	British	3123456789
Other children or Young People you are aware of in the household									

Adults you are aware of in the household									
Full Name	Gender	DOB / Age	Address & Telephone	Ethnicity	Disability / Diagnosis	Interpreter / Signing	Nationality	Nat Ins NHS no.	Relationship (Parental Responsibility)
Hazel Nutt	Female	17/01/1995	7 Rainbow Hill Birmingham B8 9OP 07234567981	White British	Depression	N/A	British	1234567891	Mother
Saif Butt	Male	03/10/1995	7 Rainbow Hill Birmingham B8 9OP	Pakistani	Lower Back Problems/ Arthritis	N/A	British	Unknown	Father

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Any other significant adults, children or young people <u>who live elsewhere</u>									
Hannah Nutt	Female	13/04/1971	114 Cheery Road Birmingham , B8 4SS	White British	Unknown	n/a	British	unknown	Maternal Grandmother
Wallace Nutt	Male	18/11/1972	114 Cheery Road Birmingham , B8 4SS	White British	Problems with heart and high blood pressure	n/a	British	unknown	Maternal Grandfather
Victoria Nutt	Female	17/01/1995	114 Cheery Road Birmingham , B8 4SS	White British	No	n/a	British	unknown	Aunty (mother's sister)

Section 4. Details about you (for example Organisation such as school name)

Organisation	Service	Full name	Telephone	Email	Address	Nature of Relationship	Currently Involved
NHS	Health Visiting	Theresa Green	0700000003/0121322 1111	Theresa.green@bhamcommunity.nhs.uk	Happyville Health Centre, Brave Street, Birmingham, B8 6VV	Health Visitor	Yes
Other agencies involved with the child(ren), young people or Family							
Happyville Childrens	Family Support	Anna Littical	0700000002/01216543210	a.littical@happyvilleproject.org.uk	The Happyville Centre,	Family Support worker	Yes

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Centre	worker				Happyville Close, Birmingham B8 4TT		
Birmingham and Solihulls Womens Aid	Support Worker	Emma Grate	0121 222 1234/07000000001	e.grate@bswaid.org	unknown	Support worker	Yes
West Midlands Probation Service	Probation Service	Natalie Doogooder	08001234567	N.doogooder@probation.gov.uk	Happyville Probation Office	Probation worker	Yes
West Midlands Police	Offender Management	PC Laura Norda	101 Ext 1234	l.norna@west-midlands.police.pnn.uk	Happyville Station, Happyville Road, Birmingham B1 7XX	Police Offender Manager	Yes

Section 5. Previous Assessments / Screening Tools or Plans available						
Title	Type	Date	Completed by (Name)	Organisation	Purpose	Attached
Child In Need Plan	CIN	03/11/2019	Fran Tick	Birmingham Childrens Trust	Step down from CPP	Yes
Child Protection Plan	CPP	11/03/2019	Carmen Goh	Birmingham Childrens Trust	Emotional Abuse	Yes

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Section 6.

View of Child, Young Person(s)		
What is going well	What are we worried about	What needs to happen next
<p>Seema is 8weeks old so is non-verbal. Asma is now 15months old so also non-verbal for her view. The below details have been recorded from observations and discussion with Parents and from visits.</p> <p>School life, Education and Training: Seema and Asma are both stimulated by their parents Hazel and Saif talking and interacting with them, the home is observed to have toys for Asma to access and play with, as well as toys to stimulate Seema.</p> <p>Health and Emotional Wellbeing: Asma is up to date with immunisations except her 12 month ones as mom and dad Saif have decided to not have them done. Seema has appointments to have her Immunisations done and will also not have the 12 month immunisations given. Hazel has been observed holding and talking to Seema during visits, not observed Hazel holding Asma but Asma is a very active little girl who does not sit still for long enough. Hazel has been observed talking to and explaining things</p>	<p>School life, Education and Training: No concerns</p> <p>Health and Emotional Wellbeing: Seema has a low weight, she was born with a low weight and parents have been concerned about this. Hazel is currently on anti-depressants after Seema was born. Prior to starting the anti-depressant medication Hazel said, "I wasn't happy with Saif's support and behaviour around the house, so I asked Saif to leave the property and ended the relationship. I was worried Seema and Asma would have been exposed to the tension between us and start picking up on my low mood because of how their dad was making me feel."</p> <p>Home Life and Relationships: Saif is now back living at the property and Hazel reports he is helping out more, however if he was to return to his previous behaviour, this would expose Seema and Asma to more emotional upset, as Hazel may become low in mood again.</p>	<p>School life, Education and Training: No action</p> <p>Health and Emotional Wellbeing: Hazel: Seema's weight to be continued to be monitored by the health visitor. Theresa: Hazel to continue to take children to health visitor and GP as required, continue to show affection to both children. Anna: Once covid-19 restrictions have been reduced or lifted, encouragement to get Hazel to groups with Seema and Asma, to help her and the children socialise more and to improve her well-being and the children's development.</p> <p>Home Life and Relationships: Saif needs to understand Hazel's low mood so that he can support her more with both Seema and Asma. This will give Seema and Asma a happier environment to live in, as well as a supported mom to be around.</p> <p>Worklife, Financial and Housing: No action</p> <p>Crime and Anti-Social Behaviour:</p>

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<p>to Asma throughout visits.</p> <p>Home Life and Relationships: Seema and Asma have a warm safe home to live. Asma has a good relationship with both her parents, she smiles at them and will go to them with toys and to express her needs. Dad has been observed holding Asma and talking to her about what she wants to eat whilst in the kitchen. Seema has also been observed to be picked up when becoming upset.</p> <p>Worklife, Financial and Housing: Seema and Asma live in a warm environment, their basic needs are met. Both parents appear to be able to financially support Seema and Asma. There is milk and food for the children and they are always appropriately clothed. Hazel and Saif do not work, but are claiming the appropriate benefits.</p> <p>Crime and Anti-Social Behaviour: Saif has been keeping out of trouble and focusing on being a better dad and partner to Hazel. This means he is spending more time with his children. He has said, “ I want to turn my life around and stop doing the stupid things I was doing. I don’t want to go back to jail or put my family through that. I want to be a</p>	<p>Worklife, Financial and Housing: No concerns</p> <p>Crime and Anti-Social Behaviour: Saif has a history of drug and theft related offences. Saif said, “I understand the choices I have made in the past have hurt my family and having children has made me want to change my ways, so that they don’t grow up following my footsteps. I don’t want to lose my children”</p> <p>Domestic Abuse: Saif has previously been arrested for domestic abuse in a previous relationship. Hazel said, “Saif has never physically hurt her and he loves his children. If we have had arguments, the children are normally asleep. I have been in a really bad abusive relationship before Saif and I have had my eldest child taken off me. I would never put Seema and Asma through that and Saif knows this and understands.”</p>	<p>Saif to continue to engage with his probation officer and Police Offender Manager. Domestic Abuse: Emma: Hazel and Saif need to understand the impact their actions and behaviour at times can have on Seema and Asma. Freedom project to be re-alliterated to Hazel and further work to be done with Saif.</p> <p>Hazel to inform Professionals if she feels down or isn’t happy with her relationship with Saif.</p> <p>Saif to maybe have Asma so that Hazel can spend time with Seema who needs more interaction and time from her parents. This will also benefit either way.</p>
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<p>better person for my kids and don't want them to grow up without a dad"</p> <p>Domestic Abuse: There have been no reports of domestic abuse. Hazel said, "we do not argue in front of the children and although Saif still drinks he does not drink in the house. Saif and I have agreed that he won't come straight home after he has had a drink with his mates, which is only once every few months. Instead he will stop over at his friends until the morning and be back when he's sobered up"</p>		
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On a scale of zero (0) to ten (10) – Tell me on a scale of (0) zero to (10) ten, how you feel about your life at the moment?

← Concerns	0	1	2	3	4	5	6	7	8	9	10 → No Concerns
Enter their initials							HN, SB and EG	TG and AL			

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Section 7.

View of Parent, Carer or other Adult(s)		
What is going well	What are we worried about	What needs to happen next
<p>School Life, Educational and Training No concerns</p> <p>Health and Emotional Wellbeing Hazel said, "I am aware of my mental health and I am happy to keep professionals informed of how I am feeling. Currently I am continuing to take anti-depressants. Saif reports he has no health concerns</p> <p>Home Life and Relationships Saif said, "I will take Asma out sometimes to give Hazel a break." Hazel said, "I also have support from my twin sister, mom and dad who have the children a few times a week overnight, to give me and Saif some respite." Both parents were asked how they can keep their children safe at home. Hazel said, "we always try to consider the safety in the home for the children with things such as, removing Saif's push bike from the living room where Asma was climbing it." Hazel and Saif both feel that they need to work on their relationship, so that the emotional abuse isn't surrounding Seema and Asma</p>	<p>School Life, Educational and Training No concerns</p> <p>Health and Emotional Wellbeing Hazel said, "I am worried if Saif goes back to his old ways or behaviour it will start to affect my moods again and I don't want the children to see me feeling low." Theresa: I asked Hazel to expand on what she means about Saif's old ways and behaviour. Hazel explained, "Saif would leave me on my own at home to look after Asma and the house, whilst he went out with his mates. When he would come home, he would sometimes be really drunk and start kicking off with me. If I got upset with him, he would start blaming me and saying I was just making a big deal. When he would be at home, he would just sleep most of the time or watch tv, instead of helping to take care of Asma."</p> <p>Home Life and Relationships Saif said, "I think I am supportive to Hazel and don't do anything to upset her, it is Hazel who was depressed and that's what was causing the issues within our relationship."</p>	<p>School Life, Educational and Training No action</p> <p>Health and Emotional Wellbeing Saif said, " I want Hazel to receive support from professionals for her depression." Hazel said, "I just don't want to feel low again, so I want to get support from someone to help me with how I feel and someone who I can talk to if I start to feel low again"</p> <p>Home Life and Relationships Hazel and Saif: we want to work on our relationship and not argue or fight so that the children feel safe and loved. We are prepared to work with professionals who can support us with this. Anna, family support worker (FSW) has been really good.</p> <p>Worklife, Financial and Housing Saif has been working with his Police Offender Manager to look for work. He has said that he has been registered with a traffic management agency who will match him to suitable work. No further actions</p>

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<p>Theresa: Seema and Asma are both in good routines and are always well presented.</p> <p>Worklife, Financial and Housing Saif and Hazel said “ we both believe we meet our children's basic needs and do not struggle financially.”</p> <p>Crime and Anti-Social Behaviour Saif explained, “I used to be involved in the wrong crowd and was getting into a lot of trouble with the police, for theft and selling drugs. I used to smoke cannabis, but I stopped that before I met Hazel. I do still drink but only occasionally with a few friends. I don’t drink in the house anymore and never in front of the children. I know I have acted stupid in the past when I have got really drunk and I know Hazel doesn’t like it. I have been working with my probation officer and my offender manager. I have kept all my appointments. I have been applying for work and keeping my nose clean.”</p> <p>Domestic Abuse Hazel acknowledges she wants to work towards a healthier relationship with Saif for Seema and Asma to be free from emotional abuse. Hazel said, “I have been working with Emma Grate from bswaid and she has been supporting me. She will keep in touch with me over the</p>	<p>Theresa: Saif believes he is always helpful to Hazel and that he doesn't do anything to upset her. Meaning he doesn't see how he can upset Hazel at times with his behaviour.</p> <p>Hazel said, I am worried that Saif may go back to his old ways, even though he keeps telling me that he won't. I want to believe him but sometimes I can't and this can start to cause tension between us.</p> <p>Worklife, Financial and Housing No concerns</p> <p>Crime and Anti-Social Behaviour Hazel said, “Saif has been to prison a few times but he is staying away from his old friends and has been going to all his appointments with his probation officer and offender manager, but sometimes he talks about his old friends like he misses them, and I worry about him going back to that life. If he did, he knows he would lose me and the children as I would leave him for good.”</p> <p>Domestic Abuse Hazel said, “Saif can be over protective and will call me every 2 minutes if I go out. He wants to always know where I am and who I’m with. He will always ask me who I’m keeping in contact with. He has all our benefit money, so he knows when I’m</p>	<p>Crime and Anti-Social Behaviour Saif said, “keep all my appointments with my Probation Officer and Offender manager. Don’t get into any trouble as I am on licence and I don’t want to go back to jail.”</p> <p>Domestic Abuse Hazel said, “I want Saif to stop calling me all the time when I go out to the shops or to my parents. I want him to stop blaming me for getting upset with him. I want Saif to get some professional support, so he can understand that his behaviour can make me feel upset and low. Continue to work with Emma.</p>
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<p>phone and ask how things are and if I am okay.</p> <p>Grandmother and aunty were also spoken to, they both feel Hazel has been doing really well with the children's care and think that her anti depressants have been helping her with her low mood. They feel Saif has also stepped up with his responsibility and is trying to be more supportive and helpful around the house and with the children. If Hazel is tired, he will take care of the girls and cook for Asma and Hazel.</p>	<p>using it and how much.</p> <p>Saif said, "Hazel doesn't have her own bank account due to the covid-19 lock down preventing her from getting an account opened. That's why I have given her a card to one of my bank accounts, which she can access when she wants. Also, because of how she has been feeling, I call her to make sure she is okay."</p> <p>Grandmother and Aunty were asked if they had any concerns, they said Saif can be controlling and will want to know Hazel's whereabouts all the time, even when she is just going to the shops to get some nappies for the children.</p>	
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On a scale of zero (0) to ten (10) – Tell me on a scale of (0) zero to (10) ten, how you feel about your life at the moment?

	← Concerns						No Concerns →				
	0	1	2	3	4	5	6	7	8	9	10
Enter their initials							HN and SB	TG			

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Section 8.

View of those working with and supporting the whole family directly in partnership with others	
<p>Ensure that you have considered the 6 Think Family areas of need: (1) Crime and ASB, (2) School Readiness and Attendance in Education (3) Children who need help, (4) Financial Isolation and Employment and training, (5) Domestic and Emotional Abuse, (6) Health issues</p>	
<p>What is going well</p>	<p>(1) Laura Norder (Police Offender Manager's feedback) - engagements with Saif have been positive, there have been no recent intelligence that he has been involved in any criminality or anti-social behaviour. It appears that he is actively seeking employment and has registered with a traffic management agency, that will be able to assist him with finding work, this work could take him anywhere in the country.</p> <p>Natalie Doogooder (Probation Officer's feedback) - Saif has expressed his thoughts about his past behaviour and the impact this has had on his family. He is wanting to have a better relationship with his family and understands in order to do this, he must distance himself from his previous associates and look to obtain gainful employment. He has often spoke fondly of his children and understands he needs to be more supportive of Hazel and the children's needs. Saif is adhering to the conditions of his licence. If he breaches his licence conditions, he is aware that he would go back to prison</p> <p>(3)Asma has a good relationship with both her parents and Seema has been observed to be bonding well with Hazel and Saif.</p> <p>4)Seema and Asma are housed; they are safe and appear financially supported by mom and dad. Their basic needs are been met, and it is evident that they are well cared for by Hazel and are loved. Hazel always engages with professionals and appears to be honest with anything asked of her. Hazel's mom and sister help by taking care of the children to give Hazel and Saif some respite.</p> <p>(5) There have been no reports of domestic abuse reported by Hazel and both parents seem to be getting on with each other better. Saif has started to help more in the house and has been more supportive of Hazel.</p> <p>Emma Grate (bswaid worker's feedback) – Hazel has been engaging and listening to advice on how to keep safe. Face to face sessions have not been possible due to covid, however I have been keeping in regular contact with Hazel over the telephone.</p> <p>(6) Asma is a clever active little girl for her age. Seema is also developing well for her age, she has a low weight but was born at a low birth weight too, regular weights are been carried out to ensure she thrives as she should. Both children are also up to date with their immunisation.</p>

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What are we worried about

(1) Hazel is worried that Saif may return to his old life. Saif used to be involved in selling drugs and theft related offences. Hazel's concerns are triggered when Saif talks about his old friends. If Saif gets into any trouble whilst on licence he would be going back to prison. This could potentially leave Hazel to take care of the children on her own and impact on their relationship. Saif has expressed he doesn't want to lose his children and that he wants to turn his life around. Saif has been working with professionals to make appropriate changes.

(3) Anna Littical (Family support worker's feedback) - Concerns of isolation for Hazel and the children who may be having limited interactions outside the family. This may cause Hazel to become more reliant on Saif, which could affect her independence and mental wellbeing. If Hazel can get out more attending groups once they are open following a Covid-19 lockdown she will be able to socialise more, become more independent and Asma will be able to thrive off the interactions with other children.

(6) Hazel has been feeling depressed. She is currently taking prescribed anti-depressant medication to control her low moods, which appear to be helping. Hazel has been concerned about her mental health impacting on her children. Saif needs to be more understanding of Hazel's mental wellbeing so that he can support Hazel better when she gets upset. Saif does not feel he upsets Hazel and blames her depression for her low moods. Hazel has agreed to let professional know if she starts to feel low again. If Hazel starts to feel upset in her relationship, this could cause them both to argue, impacting on Hazel's ability to attend to the care of her children or even affect Saif remaining in the family home. At the moment Saif is supporting Hazel in the care of both children. If Saif was to leave, this could also impact on Hazel's wellbeing, as the responsibility of taking care of two very young children will be placed on Hazel.

(5)(6) Hazel and Saif need to work on their relationship. The status of their relationship remains unknown, as Hazel and Saif are on and off a lot of the time. Hazel and her family feel that Saif can be quite controlling. It appears that Saif could be using coercive behaviour, to control aspects of Hazel's life. In particular, her finances and who she contacts and socialises with. He will want to know her whereabouts all the time and has her benefit money going into his own bank account. Hazel's mental Health and self-esteem appears to be compromised through Saif's behaviour. If Hazel continues to be unhappy in her relationship and home environment this could impact upon Seema and Asma's emotional wellbeing too. Hazel and Saif have both attended many courses and engaged well with professionals but have not always been able to implement the lessons learnt into their family environment.

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What needs to happen next	<p>Hazel and Saif need to decide on their relationship status for the stability of the children. Hazel needs to continue to address her mental Health and engage with professionals on how this can be improved overtime.</p> <p>Saif needs to understand Hazel's low mood and offer support when he can with the children to ensure both their well-being is stable.</p> <p>Ensuring the home remains a safe environment to live.</p> <p>Work with Saif on how his behaviour can impact upon Seema and Asma's emotional well-being.</p> <p>Hazel should attend groups once Lock-down is lifted and groups reopen this will enable Seema to socialise with other children her age and encourage Hazel to also socialise with other moms.</p> <p>Direct work with Hazel on healthy relationships/awareness of coercive control</p>
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On a scale of zero (0) to ten (10) – Indicate below, based on your assessment, how the family are doing at the moment?

	← Concerns							No Concerns →			
Enter their initials	0	1	2	3	4	5	6	7	8	9	10
								EG	AL, TG	LN and ND	

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Section 9.

Reflection: Reflecting on this assessment you should consider when discussing the concerns and next steps:

- Are there any other guidelines and policies which need to be considered
- Which potential courses of action are available
- What are you going to do next, which course of action will you take or need support with

Referring to the Right Help, Right Time framework, could the needs of the family most appropriately be described as:			
Universal Need	Universal Plus	Additional Needs	Complex/ Significant Needs
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>
General needs are met and assist families to access appropriate services locally	A single universal service or two services are likely to be involved; these services should work together on a plan with the child and family by completing and registering a plan	A child and their family have needs that require a multi-disciplinary approach. Engage the family and other professionals to co-ordinate support for the family by completing and registering a plan	A child or their family have needs that are so complex or significant that they need an immediate statutory social work assessment and intervention or other specialist services to prevent significant harm or serious risks to their health or welfare.

Section 10.

What are the next steps? Please agree with the family who will be invited to help support the family plan.
<p>Anna Littical is the family support worker from the children’s centre; she will be the lead professional on this Early Help and will arrange a meeting for an our family plan. This will be held on 09.09.2020 at the Happyville Children’s Centre (date has been delayed due to Covid restrictions). All the professional who are currently involved will be invited to attend the meeting. Hazel and Saif have both agreed to this and are happy for all the professionals to be involved in the support plan.</p> <p>Anna- Refer Hazel to the well-being hub.</p> <p>Anna – To put Saif’s name down for the daddy groups on the weekends once they re-open.</p> <p>Anna and Theresa - Maintain contact to update Hazel on what is available for her to attend as the covid-19 lockdown begins to lift, the update on Hazel and Saif’s relationship status and Hazel’s mental health.</p> <p>Theresa – Continue to visit every other week to monitor children’s health and development.</p> <p>Theresa – Support Hazel with her mental health through listening visits.</p>

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Theresa – Provide Hazel and Saif with support and advice about healthy relationships.

Emma - To continue to work with Hazel for her well-being and healthy relationships including her relationship status with Saif.

The whole team will continue to liaise as necessary.

Privacy Statement:

The personal data collected on this form will be stored and used by us to provide our services to you. We will share relevant data with Children Safeguarding Partner Organisations also involved in providing services to you. We will collect store and use your personal data in line with the General Data Protection Regulation (GDPR) and Data Protection Act 2018.