



Early Help Assessment

This assessment of the needs and worries of families should be in line with advice and guidance from the Birmingham Safeguarding Children's Partnership, [Right Help, Right Time Framework](#). The aim of this assessment is to work consensually with the family to share strengths and difficulties. Wherever possible, the needs of children and families will be met by universal services.

You can contact the **Early Help Support Team** on **0121 303 8117** to find out if an Early Help Assessment is available and any current Lead Professional details. Click [here for resources and guidance](#) from the **Early Help Support Team**

The [Waiting Room](#) resource can be used to help identify partners and services in your area that can meet the specific needs of the family and may be available to support them.

“As soon as a professional is aware that a child has any additional needs which may require the involvement of more than one professional, they should talk to that child and their family and offer advice and support.”

Right Help, Right Time, 2018

How to submit this form: Please complete all sections and return this form to EHST@birminghamchildrenstrust.co.uk

Birmingham Children's Trust is accredited to send and receive sensitive and confidential information from other secure organisations, without the need for using GCSX email addresses. This change is described further [here](#)

Section 1. About this assessment

Date of Assessment	16/10/2020	Are you current providing support to the family	YES
--------------------	------------	---	-----

Briefly summarise what has led to this assessment for the child and family

Baby girl born at 30+6weeks, admitted to Birmingham Women's Neonatal Unit for mild respiratory distress. Amanda, mother has a history of Physical Abuse and witnessing Domestic Violence by her stepfather, she is no longer in contact with him. Amanda has recently become a single parent and is quite isolated with some financial difficulties; she has a poor relationship with her father but does have a good relationship with her mother.

Section 2. Have you gained consent from the family to share information and/or request this support	YES
--	-----

If you have, please describe who has consented and if you have not been able to gain consent, please tell us why

Mother, Amanda has verbally consented on 9/10/2020 to the Early Help Assessment and for sharing information with agencies who can offer support.

Early Help Assessment

Section 3. Child(ren) or Young Person you are concerned about									
Full Name	Gender	DOB / Age / Due Date	Address & Telephone	Ethnicity	Disability / Diagnosis	Education Setting	Interpreter / Signing	Nationality	Nat Ins NHS no.
Rita Book	Female	01/08/2020	1097 Rainbow Drive, Sunny Town, B9 8ST	Declined	Preterm 30+6weeks	n/a	No	British	300 543 1234
Other children or Young People you are aware of in the household									

Adults you are aware of in the household									
Full Name	Gender	DOB / Age	Address & Telephone	Ethnicity	Disability / Diagnosis	Interpreter / Signing	Nationality	Nat Ins NHS no.	Relationship (Parental Responsibility)
Amanda Hug	Female	17/03/1997	1097 Rainbow Drive, Sunny Town, B9 8ST	White British	n/a	No	British	Unknown	Mother-Full PR
Any other significant adults, children or young people <u>who live elsewhere</u>									

Early Help Assessment

Bess Twishes	Female	31/07/1971	501 Sugar Hill Close, Sunny Town, B48 1TN	White British	N/a	No	British	Unknown	Maternal Grandmother
Mother did not want to name him	Male	Declined	Declined	Declined	No	No	Declined	unknown	Father

Section 4. Details about you (for example Organisation such as school name)							
Organisation	Service	Full name	Telephone	Email	Address	Nature of Relationship	Currently Involved
Birmingham Women's Hospital Neonatal Unit	Family Support	Anne Teak	01234567892	anne.teak@nhs.net	Birmingham Women's Hospital, Mindelsohn Way, B15 2TG.	Family Support Worker	Yes
Other agencies involved with the child(ren), young people or Family							
Health Visiting Team	Health Visiting	Eileen Dover	0121 432 0123	BCHNT.CFHV-sunnytown@nhs.net	Sunny Town 15 Smiley Road, B9 1PV	Health Visitor	Yes
Sunny Town Children's Centre	Family Support	Liz Erd	0121 432 4567 07123456789	bchnt.bfs-sunnytown@nhs.net	Sunny Town Children's Centre, Happy Road, B9 7TP	Family Support Worker	Yes
Neonatal Community Outreach Team	Neonatal Community Support	Augusta Wind	0121 432 8910	Unknown	Birmingham Women's Hospital, Mindelsohn Way, B15 2TG.	Neonatal Community Support	Yes

Early Help Assessment

Section 5. Previous Assessments / Screening Tools or Plans available						
Title	Type	Date	Completed by (Name)	Organisation	Purpose	Attached
No previous assessment	n/a	n/a	n/a	n/a	n/a	No

Early Help Assessment

Section 6.

View of Child, Young Person(s)		
What is going well	What are we worried about	What needs to happen next
<p>School Life, Education and Training- -Amanda has been trained to draw up medications.</p> <p>Health and Emotional Wellbeing- -Established a bond with Amanda, received skin to skin and all cares are completed. -Currently on Nutra-Prem 2. -Clear Head Scan. -Blood results following blood transfusion are clear. -Amanda completed bathing Rita on the unit. -Home visit completed for home oxygen suitability; this has been fitted.</p> <p>Home Life and Relationships- -Rita will be living with her mother Amanda, she has everything ready for when she goes home. -Rita will be in contact with her father, and Amanda's mother.</p> <p>Work Life, Financial and Housing- -Rita's mother is not working at present;</p>	<p>School Life, Education and Training- -N/A</p> <p>Health and Emotional Wellbeing- -Father (Amanda does not wish to name him) is not on the Birth Certificate but remains in contact with Amanda and will support Rita and all that she needs. -Cystic Fibrosis diagnosis to be confirmed when Rita reaches 3 kilos. -Establishing bottle feeds. -Currently on 0.1 oxygen. -Passport letter for Birmingham Children's Hospital (BCH) explained, to be used if Rita becomes unwell and needs to go to hospital, this passport explains her condition and she would get seen more quickly.</p> <p>Home Life and Relationships- -Amanda is not in a relationship with Rita's father, but she said he will remain in Rita's life.</p> <p>Work Life, Financial and Housing- -No concerns.</p>	<p>-n/a</p> <p>-Health Visitor to see Rita under the premature baby pathway. -Neonatal Community Outreach Team (NCOT) to refer to respiratory team at BCH when Rita reaches 3 kilos. -Family Support Worker to support with Feeding/Weaning etc. -Family Support Worker to offer support with emotional wellbeing for Amanda. -Referrals have been made to help support the family with a possible Cystic Fibrosis Diagnosis.</p> <p>-Family Support Worker to offer support with other parents through virtual groups.</p> <p>-White goods have been secured in time for Rita to be discharged home. Family</p>

Early Help Assessment

<p>she said her main focus is being a full time parent to Rita.</p> <p>Crime and Anti-Social Behaviour- -No concerns.</p> <p>Domestic Violence - -No current concerns.</p>	<p>Crime and Anti-Social Behaviour- -No concerns.</p> <p>Domestic Violence - -No current concerns.</p>	<p>Support Worker to continue support with finances through accessing Covid resilience funds for families on low incomes.</p> <p>-n/a</p> <p>-n/a</p>
--	--	---

On a scale of zero (0) to ten (10) – Tell me on a scale of (0) zero to (10) ten, how you feel about your life at the moment?

	← Concerns							No Concerns →			
Enter their initials	0	1	2	3	4	5	6	7	8	9	10
									AH and AT		

Early Help Assessment



Section 7.

View of Parent, Carer or other Adult(s)		
What is going well	What are we worried about	What needs to happen next
<p>School Life, Education and Training- - I have been trained to draw up medications for Rita</p> <p>Health and Emotional Wellbeing- -I have not experienced any low mood or Anxieties since having Rita. I have no health concerns.</p> <p>-I have completed bathing Rita on the unit. -Home visit have been completed for home oxygen suitability, this has now been fitted. -I have been made aware of the possible Cystic Fibrosis Diagnosis and feel prepared as much as I can be for the upcoming appointments.</p> <p>Home Life and Relationships- -I have recently moved to a Studio Flat and have all items ready for Rita. I have engaged with Liz the Family support worker and it's been great, I have carpets and furniture now and I am all ready for when Rita comes home. - I am not in a relationship with Rita's dad but he can be involved as much as he wants, that won't change, I want to do</p>	<p>School Life, Education and Training- n/a</p> <p>Health and Emotional Wellbeing- -Possible Cystic Fibrosis Diagnosis for Rita and how this will impact me. -Rita is to go home on oxygen and to be supported by the Neonatal Community Outreach Team.</p> <p>Home Life and Relationships- -I can become isolated at times and struggle with my relationship with my father. He did not like it when I got with Rita's dad, he kicked me out of the family home when he knew I was pregnant. I moved in with Rita's dad and that's what has broken our relationship, we spent too much time together and began to get on each other's nerves, arguing over silly</p>	<p>-n/a</p> <p>- I would like the Health Visitor to visit me and Rita at home. I have been told that this can be done under the premature baby pathway. -I would also like NCOT to visit Rita at home.</p> <p>-I would like my Family Support Worker to offer support with other parents through virtual groups.</p>

Early Help Assessment

<p>the best for Rita. My Mother is also very supportive and will offer help when she can. She has already helped me with getting some of the furniture and baby's things. She has also cooked meals and brought them over, when I have needed.</p> <p>Work Life, Financial and Housing- - I am not working at the moment, my main focus is Rita and being a good mum to her. -I am speaking to Liz FSW and I can share any financial worries with her and she can do what she can to help, right now I am doing okay.</p> <p>Crime and Anti-Social Behaviour- -No concerns.</p> <p>Domestic Violence - -No current concerns.</p>	<p>things. I have a good relationship with my mother and I just tread carefully with my dad, he will soon come around. I have no siblings as I am the only child and my friends don't live close by.</p> <p>Work Life, Financial and Housing- I am not working but I am in receipt of benefits and support from the COVID resilience fund and Rita's Father. Liz has secured white goods for me, therefore now I feel I have no housing or financial concerns.</p> <p>Crime and Anti-Social Behaviour- -No concerns.</p> <p>Domestic Violence - -There was previous History of Domestic Violence with my stepfather, I was physically abused. He hurt me when I was growing up but that has made me so much stronger now and I will never put myself in that position.</p>	<p>-I have been told that White goods have been secured by Family Support Worker ready for discharge of Rita.</p> <p>-n/a</p> <p>-n/a</p>
--	--	---

On a scale of zero (0) to ten (10) – Tell me on a scale of (0) zero to (10) ten, how you feel about your life at the moment?

	 Concerns											No Concerns 
Enter their initials	0	1	2	3	4	5	6	7	8	9	10	
									AH			

Early Help Assessment

Section 8.

View of those working with and supporting the whole family directly in partnership with others	
Ensure that you have considered the 6 Think Family areas of need: (1) Crime and ASB, (2) School Readiness and Attendance in Education (3) Children who need help, (4) Financial Isolation and Employment and training, (5) Domestic and Emotional Abuse, (6) Health issues	
What is going well	<p>(2) School Life, Education and Training- -Amanda has been trained to draw up medications for Rita. She has been able to do this successfully</p> <p>(6) Health and Emotional Wellbeing- -Neonatal Community Outreach Team have updated me that they are making regular visits to see Rita and all is going well. - Amanda is doing well and continues to put Rita first, she has also confirmed that she currently has no health concerns for herself</p> <p>(4)Home Life and Relationships- -Amanda is continuing to include Rita's father as much as she can. He has been able to offer Amanda both emotional and financial support when she has needed. He is keen to have a relationship with Rita and will do whatever is necessary of him to support Amanda and Rita. Although Amanda is no longer in a relationship with Rita's father and she has not shared any details about him, the support from him has been positive for Amanda and she has managed to cope well with Rita's extra needs. -Amanda also has the support of her mother, despite not having a good relationship with her father. Her mother has offered Amanda respite by cooking meals and dropping them off to her, helped source and purchase some of the furniture for her new flat. Amanda has a good relationship with her mother which has also been positive on Amanda's health and wellbeing. Amanda is hopeful that her father will soon come around and start talking to her. Amanda has a lot of support from professionals, Rita's father and her mother. Once Amanda starts the virtual peer support group sessions, she can start talking to other parents, which could offer her further support.</p> <p>(4) Work Life, Financial and Housing- -Amanda is currently not working as she wants to concentrate on being a good mother to Rita. She has shown a very mature character and has a good awareness of financial responsibility. She has moved into a studio flat which has been carpeted and furnished.</p>

Early Help Assessment

	<p>The flat is clean, and Amanda has purchased all necessary items for Rita. As professional's we do not have any concerns for Housing or finances. Amanda receives the correct benefits and has some financial support from Rita's father. Amanda has also stated she has no concerns in these areas.</p> <p>(1) Crime and Anti-Social Behaviour- - There have been no concerns reported from Amanda or other professionals working with Amanda and Rita regarding any crime or anti-social behaviour from her neighbours, community or family</p> <p>(5) Domestic Violence - - Due to Amanda's history of domestic abuse from her stepfather, she is aware of the signs and she has said it has made her stronger as a person and that she would never be put in that position again. Amanda's ability to understand danger and positive relationships can be confirmed by all the professional who have been working with Amanda, as she has demonstrated her ability to be strong willed, responsible and very clued on.</p>
<p>What are we worried about</p>	<p>(2) School Life, Education and Training- -n/a</p> <p>(6) Health and Emotional Wellbeing- -Rita has a SWEAT test to determine a Cystic Fibrosis diagnosis this is on 23/10/2020 at Birmingham Children's Hospital. Amanda is aware of Rita's extra health concerns and needs and has been working well with professionals to address these. Amanda has accepted the possibility of Rita being diagnosed with Cystic Fibrosis. All involved professionals believe that she has made the appropriate preparations for this and has a positive approach to ensuring all necessary appointments are attended for Rita.</p> <p>(4) Home Life and Relationships- -Amanda may be at risk of isolation. Although Amanda has the support from Rita's father and her mother. There is some tension between her father, therefore her mother can only offer limited support when she can. Rita's father has been supportive of Amanda and Rita; however, he is not going to be living with them, so Amanda won't be able to fully rely on Rita's father being able to assist her with all Rita's care needs. As Amanda is not living close to any of her friends, she has expressed feeling isolated at</p>

Early Help Assessment

	<p>times. She has no siblings or any close by relative. At present Amanda's wellbeing and health has not been impacted, however if she was to start feeling isolated and having only limited contact with her mother and Rita's father coupled with the extra care needs and appointments for Rita, there is a concern that this could start to impact on her mental wellbeing.</p> <p>(4) Work Life, Financial and Housing- -no concerns.</p> <p>(1) Crime and Anti-Social Behaviour- -no concerns.</p> <p>(5) Domestic Violence - -No concerns.</p>
<p>What needs to happen next</p>	<p>(2) School Life, Education and Training- -n/a</p> <p>(5) Health and Emotional Wellbeing- -When Rita is 3 kilos the neonatal community outreach team will refer Rita to the respiratory team at Birmingham Children's Hospital. -Health Visitor will visit Rita under the premature baby pathway. -Amanda will have access to parent's support groups virtually and this will include feeding support and wellbeing. -FSW has referred Amanda and Rita to an agency called KIDS who will support families with children that have additional needs.</p> <p>(4) Home Life and Relationships- -Family support worker to encourage Amanda to access peer support groups online. Mother and Rita's father to continue supporting Amanda</p> <p>(4) Work Life, Financial and Housing- -no actions.</p> <p>(1) Crime and Anti-Social Behaviour- -no actions.</p>

Early Help Assessment

	(6) Domestic Violence - -no actions.
--	---

On a scale of zero (0) to ten (10) – Indicate below, based on your assessment, how the family are doing at the moment?

	← Concerns						No Concerns →				
Enter their initials	0	1	2	3	4	5	6	7	8	9	10
									AT, ED and AW	LE	

Early Help Assessment

Section 9.

Reflection: Reflecting on this assessment you should consider when discussing the concerns and next steps:

- Are there any other guidelines and policies which need to be considered
- Which potential courses of action are available
- What are you going to do next, which course of action will you take or need support with

Referring to the Right Help, Right Time framework, could the needs of the family most appropriately be described as:			
Universal Need	Universal Plus	Additional Needs	Complex/ Significant Needs
<input type="checkbox"/>	*****	<input type="checkbox"/>	<input type="checkbox"/>
General needs are met and assist families to access appropriate services locally	A single universal service or two services are likely to be involved; these services should work together on a plan with the child and family by completing and registering a plan	A child and their family have needs that require a multi-disciplinary approach. Engage the family and other professionals to co-ordinate support for the family by completing and registering a plan	A child or their family have needs that are so complex or significant that they need an immediate statutory social work assessment and intervention or other specialist services to prevent significant harm or serious risks to their health or welfare.

Section 10.

What are the next steps? Please agree with the family who will be invited to help support the family plan.
Liz Erd is the family support worker from the children’s centre; she is the lead professional on this Early Help and will arrange a meeting for an our family plan. This will be held on 03.11.2020 at the Sunny Town Children’s Centre. All the professional who are currently involved will be invited to attend the meeting. Amanda has agreed to this and is happy for all the professionals to be involved in the support plan. Amanda has commented, “I am really happy with the support I am already getting, it’s helped me prepare for Rita to come home and I am constantly in contact with Liz, she has been a huge help to me, I know I can go to her if I am struggling with anything.”

Privacy Statement:
The personal data collected on this form will be stored and used by us to provide our services to you. We will share relevant data with Children Safeguarding Partner Organisations also involved in providing services to you. We will collect store and use your personal data in line with the General Data Protection Regulation (GDPR) and Data Protection Act 2018.